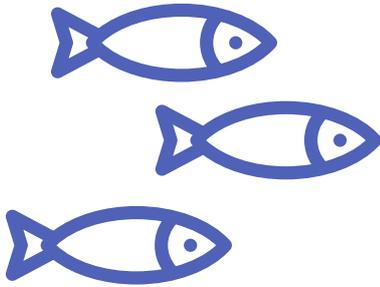




# There's a Sea in My Bedroom

Based on the book by Margaret Wild, illustrated by Jane Tanner

## Choose an activity!



### Shadow Play

David, the main character in *There's a Sea in My Bedroom*, imagines that the ocean is right inside his bedroom. What about you? Can you imagine fish swimming in your bedroom?

**ACTIVITY:** Using your hands and a torch, can you make fish shadows on your bedroom wall? Can you get anyone in your house to help you make a school of fish shadows and make them swim them all around your room?



### Cloud gazing

The colour of the sky is blue, just like the ocean.

**ACTIVITY:** Can you go outside and look to the sky? Do you see any clouds that look like animals? What are they called? If you try to keep really, really still, can you see the cloud fish moving?



### Adventure in my Room

David went on an adventure to the sea, but he didn't leave his room!

**ACTIVITY:** Can you find items in your room and turn your room into an ocean too? Use your bed sheets to create waves. David's shell let the sea in his bedroom! Do you have a shell in your room? If not, how else do you think the sea can get in? Maybe there's a magical object that can act as a doorway?



### What do you see?

Imagine you're in a submarine all the way down at the bottom of the ocean.

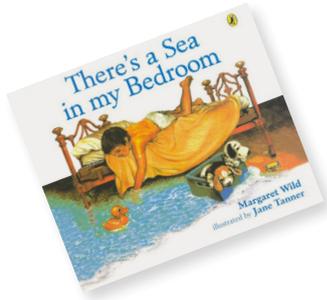
**ACTIVITY:** Take out your periscope (using a toilet roll) and use it to look out above the ocean. What can you see? Do you see land? Or is there more ocean? Are there any boats? What do they look like?



## Drawing Sounds

Can you hear the beautiful music playing in the performance? Does it sound fast? Slow? If you could describe the sound by drawing it, what would it look like?

**ACTIVITY:** Use many different coloured pencils to draw the sound and make your own beautiful artwork.



## Reading the Book

Did you know this performance is based on a children's book called *There's a Sea in My Bedroom*? The book is written by an author named Margaret Wild and illustrated by Jane Tanner.

After reading the book, did you spot any similarities? What was different? Was there music in the book? Did it look like David was wearing the same type of clothes in the performance as he did in the book?

## Play Along



The musicians all play music on what we call string instruments, because they all have strings. Do you have any musical instruments at home? Would you like to play along? What does your instrument look like? Did you use pots and pans to make drums? Or maybe you wrapped rubber bands around a tissue box to make your very own string instrument?

**ACTIVITY:** No matter what instrument you have, we want you to join in and make your own music as you watch the performance.

## Soundscapes

While the musicians are playing music, you might notice them doing a few other different things:

They may change the pitch by moving from a high to low or low to high sound. **Can you hear when the pitch changes?**

Or maybe they change the dynamics, or the volume, from soft to loud or loud to soft. **Can you hear when the volume changes?**

They may even change the texture of the sound. **Can you hear when the sound feels thick or when it feels thin?**

And they may also change the tone of the sound. **Can you hear when the music sounds metallic, woody, crisp, smooth, spiky, mellow, crunchy, crackly, echoey, plucked, scratchy or creaky?**

**ACTIVITY:** See if you notice the changes in the music played throughout the performance!

