

# Get Active at the House



	TUESDAY 9 MARCH	WEDNESDAY 10 MARCH	THURSDAY 11 MARCH	FRIDAY 12 MARCH	SATURDAY 13 MARCH	SUNDAY 14 MARCH
	Pilates - Align 7am   Eastern Podium	HIIT 7am   Eastern Podium	Yoga - Align 7am   Eastern Podium	Pilates - Athletic 7am   Eastern Podium	Class Mashup 9am   Eastern Podium	Yoga 9am   Northern Broadwalk
		Yoga - Calm 6pm   Northern Broadwalk				
MONDAY 15 MARCH	TUESDAY 16 MARCH	WEDNESDAY 17 MARCH	THURSDAY 18 MARCH	FRIDAY 19 MARCH	SATURDAY 20 MARCH	SUNDAY 21 MARCH
Yoga - Flow 7am   Eastern Podium	Pilates - Align 7am   Eastern Podium	HIIT 7am   Eastern Podium	Yoga - Align 7am   Eastern Podium	Pilates - Athletic 7am   Eastern Podium	Class Mashup 9am   Northern Broadwalk	Yoga 9am   Northern Broadwalk
HIIT 6pm   Northern Broadwalk		Yoga - Calm 6pm   Northern Broadwalk				
MONDAY 22 MARCH	TUESDAY 23 MARCH	WEDNESDAY 24 MARCH	THURSDAY 25 MARCH	FRIDAY 26 MARCH	SATURDAY 27 MARCH	SUNDAY 28 MARCH
Yoga - Flow 7am   Eastern Podium	Pilates - Align 7am   Eastern Podium	HIIT 7am   Eastern Podium	Yoga - Align 7am   Eastern Podium	Pilates - Athletic 7am   Eastern Podium	No classes today	No classes today
HIIT 6pm   Northern Broadwalk		Yoga - Calm 6pm   Northern Broadwalk				
MONDAY 29 MARCH	TUESDAY 30 MARCH	WEDNESDAY 31 MARCH	THURSDAY 1 APRIL			
Yoga - Flow 7am   Eastern Podium	Pilates - Align 7am   Eastern Podium	HIIT 7am   Eastern Podium	Yoga - Align 7am   Eastern Podium			
HIIT 6pm   Northern Broadwalk		Yoga - Calm 6pm   Northern Broadwalk				